



"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbour. Catch the trade winds in your sails.

Explore. Dream. Discover."

- Mark Twain

Tackers is a program aimed at getting more primary school aged kids sailing. Everything about Tackers is centred on understanding how kids learn skills and have fun through sport. The boats used in the Tackers program are small and easy to handle and designed to be sailed by kids under the age of 12.

The Tackers program is the main accredited introductory kids sailing course recognised by Australian Sailing. Tackers is a great way to increase children's life skills such as communication, self-reliance, teamwork, problem solving and self-confidence.

Your Tackers Checklist

- Clothes & shoes – wear ones you don't mind getting wet and will keep you warm on cold days
- Plus an additional change of clothes & shoes
- Towel
- Drink bottle, lunch & snacks
- Hat – to keep you warm and/or a hat to keep the sun off
- Sunscreen
- Loads of energy!

Next Course:



JUNIOR & YOUTH *Learn to Sail* PROGRAM

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Junior Courses

Tiny Tackers

1 hour

For kids aged 4 – 7 get a short session playing in boats and around the water, with fun paddle games and beach activities. Parents are welcome to be a part of the action on the beach.

Tackers Intro

1.5 hours

For kids aged 7 – 12, this provides a sample of the fun sailing games and water activities enjoyed in Tackers 1.

Tackers 1: Having Fun!

20 hours - Weekly or School Holiday programs

This course is all about having fun and building confidence. Kids don't need to have had any experience or be a member of the club to participate. All equipment including boats are provided. Participants sail in pairs in small boats and it's a great way to meet new friends and build on all important life skills. Kids must be happy to get wet as there's lots of fun on the water!

Tackers 2: Tricks & Techniques

20 hours - Weekly or School Holiday programs

The journey continues, having completed Tackers 1 Having Fun course, kids are now ready to sail a boat on their own with lots of support, supervision and encouragement from the Instructor and Assistant Instructors. Tackers 2 is all about learning better sailing tricks and techniques plus confidently sailing safely by themselves and with others.

Tackers 3: Sailing Fast

20 hours - Weekly program

This program extends on from Tackers 2, whereby participants sail independently and extend on skills learnt throughout the previous programs. This level is for kids to be introduced to the basics of racing and will be able to manoeuvre their boat in moderate conditions on all points of sailing.

Green Fleet

Weekly program, Saturday mornings

Green Fleet is for kids who have completed Tackers 1 through to 3, enjoying weekly sailing in a fun club environment. Parents are welcome to become involved with club activities to support the growth and running of sailing here at the Club.

Is sailing a safe sport?

Safety in Tackers is paramount. As well as providing life jackets/pfd's there will be a safety boat on the water at all times when the kids are on the water. Weather conditions are checked prior to all sessions and kids will be under the supervision of qualified Yachting Australia instructors, who are first aid trained.

Do kids need to be able to swim to participate in Tackers?

Some ability to swim would be preferable, however Tackers will be wearing life jackets/pfd's at all times. In the first session, the instructors supervise the group in a 25-metre swim with their lifejackets on. Parents/guardians are encouraged to talk to the Tackers Club Leader or Instructor if they have any concerns.

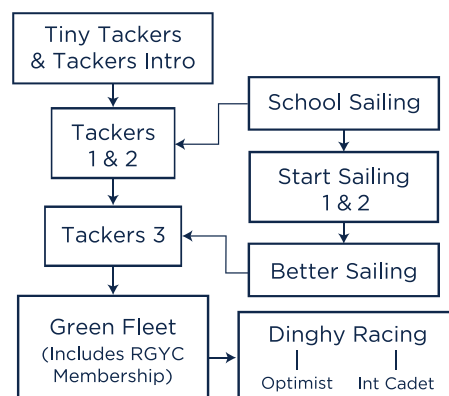
What type of boats will the kids be sailing?

The Tackers program is only delivered in a boat called an OziOpti. This boat was specifically designed for the program and is an ideal introduction to dinghy sailing. The boats allow two kids to sail together and as they gain confidence and move up from Tackers 1 to Tackers 2 they are able to sail the boat alone. The boats have built-in buoyancy, which means they provide extra stability.

Are the kids out sailing on their own?

When kids start sailing in Tackers they will be sailing in pairs. There are up to 8 boats in a group with an Instructor and Assistant Instructor in a safety boat supervising at all times. The safety boat stays on the water all the time the kids are sailing.

Junior Pathway



Australian
Sailing

OUT THERE
SAILING
YOUTH PROGRAM

OutThere Sailing YOUTH PROGRAM

The OutThere Sailing program offers a fantastic opportunity to experience sailing while having fun with your friends and to learn exciting valuable skills that will help you both now and in the future.

OutThere Sailing is the ideal way to have fun and get active on the water. The program is aimed at 12-17 year olds who would like to try sailing, windsurfing and/or paddle boarding. There are also fun powerboat and keelboat experiences along the way. The aim of the program is to have fun, spend time with friends and learn new skills. All OutThere Sailing programs are delivered by qualified Australian Sailing Instructors.

The program is designed to keep friends together. So a person on OutThere Sailing 1 and OutThere Sailing 2 can sail together. OutThere Sailing has a focus on the social element of a club environment, simply enjoying time with peers whether that be on the water, on the beach or in the clubhouse.

Anyone can get involved, whether they have sailed before or not. You don't have to be a member of a sailing club and you don't need your own boat! All sailing equipment will be provided for you at your club or centre.

www.discoversailing.org.au/outthere



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